Dear Foothills Families:

Foothills Elementary had their second "Kindness Week" this year from March 12-19! This time, we focused on service! Our Pennies for Leukemia fundraiser has been really successful! Our theme of “Throw Kindness Around Like Confetti” this year has been so amazing! Every morning we’ve announced kind acts on morning announcements and then we have been shredding them into confetti. Students have been able to throw around kindness like confetti all year as grade levels, and did so again as a whole school during Kindness Week- literally! During our closing assembly, we were visited by players from REAL Monarchs. They talked to the students about kindness; and brought each child a t-shirt and ticket to a game. The students loved it!

During the month of March, we were able to honor Melissa Lowry, first grade teacher, as Outstanding Educator of the Year! She received a surprise visit from the Superintendent and the Jordan Education Foundation. She will be honored at a dinner at Little America on April 10th. We appreciate all that she does, as well as all of our teachers here at Foothills. We love our teachers!

This month, we are also honoring Krista Cummings, 2nd grade teacher, as South Valley Chamber Commerce Teacher of the Year. We appreciate all that she does as well! She will be honored at a luncheon at Riverton Hospital on April 25th.

Testing season is upon us! If your child is in 3rd-6th grade, we need your help! If you haven’t yet, please send a surprise letter to your child (send it to school with your child in a sealed envelope with your teacher’s name on it), telling them how proud you are of them for working so hard this year. Right before they go in for RISE testing (formerly SAGE testing), your child’s teacher will have the students read their letters. This will help them feel confident in themselves. We want the kids to know how much they are loved and how much we are rooting for them!

Thank you for all of your support! We believe we are a team for your child’s success!

Sincerely,

Cherie Wilson, Principal

April
8th -- A- Track On
10th -- Principal's Pride Awards -- 8:00 a.m. - Invitation only.
17th-19th -- Spring Break (NO SCHOOL)
24th -- Spring Photos A & C Tracks
29th - May 3rd -- Teacher Appreciation (B & C Tracks)
29th -- 5th Grade Maturation 2:30-3:30 p.m.

May
2nd -- Mom and Me (C-Track Kindergarten) 10:15 a.m. morning and 2:15 p.m. afternoon
6th -- D-Track On
6th -- PTA Meeting 8:45 a.m.
9th -- Mom and Me (D-Track Kindergarten) 10:15 a.m. morning and 2:15 a.m. afternoon.
PARENT'S GUIDE TO A GROWTH MINDSET

Big Life Journal
www.biglifejournal.com

PRAISE
FOR:
EFFORT
STRATEGIES
PROGRESS
HARD WORK
PERSISTENCE
RISING TO A CHALLENGE
LEARNING FROM A MISTAKE

NOT FOR:
BEING SMART
BORN GIFTED
TALENT
FIXED ABILITIES
NOT MAKING MISTAKES

SAY:
"YOU TRIED VERY HARD AND
YOU USED THE RIGHT
STRATEGY!"
"WHAT A CREATIVE WAY TO
SOLVE THAT PROBLEM."

FAILURES AND MISTAKES = LEARNING
SAY:
"YOU CAN LEARN FROM YOUR MISTAKES."
"MISTAKES HELP YOU IMPROVE."
"LET'S SEE WHAT OTHER STRATEGIES
YOU CAN TRY."

GROWTH MINDSET
YOU CAN GROW YOUR INTELLIGENCE

FIXED MINDSET
YOU CAN'T IMPROVE
NATURAL ABILITIES
YOU WERE BORN WITH

ASK
"WHAT DID YOU DO TODAY
THAT MADE YOU THINK HARD?"
"WHAT NEW STRATEGIES DID
YOU TRY?"
"WHAT MISTAKE DID YOU MAKE
THAT TAUGHT YOU
SOMETHING?"
"WHAT DID YOU TRY HARD AT
TODAY?"

BRAIN CAN GROW
SAY:
"YOUR BRAIN IS LIKE A MUSCLE.
WHEN YOU LEARN, YOUR BRAIN
GROWS. THE FEELING OF THIS
BEING HARD IS THE
FEELING OF YOUR BRAIN
GROWING!"

THE POWER OF "NOT YET"
SAY:
"YOU CAN'T DO IT YET."
"YOU DON'T KNOW IT YET."
"BUT IF YOU LEARN AND PRACTICE, YOU WILL!"

RECOGNIZE YOUR OWN MINDSET

BE MINDFUL OF YOUR OWN THINKING AND
OF THE MESSAGES YOU SEND WITH YOUR
WORDS AND ACTIONS.

BASED ON CAROL DWECK'S BOOK "MINDSET: THE NEW PSYCHOLOGY OF SUCCESS"

Teacher Appreciation Week
April 29th – May 3rd
B and C Tracks