

### Principal's Corner:

During the month of November, we were able to reflect on what we are grateful for! I was able to reflect on how grateful I am for our Foothills community! We have wonderful teachers and staff that care so much for our students. We have parents that support our efforts to help all students succeed. We can't do it without you. I am very grateful for each parent, guardian, faculty member, and student here at Foothills. It is definitely a team effort to help all students. We have the best, kind community around!

From November 27th through December 7th, our students have been able to participate in Kindness Week. We appreciate our PTA for putting this together. Students have had the opportunity to participate in kindness activities, such as posting sticky notes throughout the building with kind messages, writing kind messages to office staff, teachers, lunch room staff, and our custodian.

I believe that participating in "Random Acts of Kindness" is essential for children- wonderful life skills are learned. I have seen a huge difference in the kids as we recognize kind acts each day here at school! Research shows that when children are taught and have adult role models on how to be kind, they are happier, have more success in school, experience less depression and stress, and have increased feelings of gratitude (Resource: http://www.usmc-mccs.org/articles/7-reasons-whyteaching-children-kindness-is-essential/). Each day during morning announcements, we read several kindness notes that the students have filled out. We have about 500 kind acts every month! In November, our preschoolers and kindergartners were lucky to have our Kindness Confetti Party for having the most kind acts and kind notes filled out! It was a great kindness celebration!

Winter Break will be from December 24th until January 1st. I hope you all have a wonderful and safe holiday break with your family and friends. Students on BCD tracks will return to school on Wednesday, January 2nd.

Sincerely,

Cherie Wilson Principal, Foothills Elementary cherie.wilson@jordandistrict.org

## **Important Dates:**

#### <u>December – </u>

10th - Chick-Fil-A Spirit Night 5-7p.m.

12th - Principals Pride Awards 8:00 a.m. by invitation only

20th - 1st Grade Polar Express Day

20th - 2nd Grade "12 Days of Christmas" Program for A, C, & D Tracks Parents 2-3:30 p.m.

21st - A Track Off

24th-1st -Winter Break (NO SCHOOL)

January –

2nd - B-Track On

7th - PTA Meeting 8:45 a.m.

9th - Principals Pride Awards 8:00 a.m. by invitation only

10th - D-Track Off



# TEACHED FEATURE



Dawn Opie

Mrs. Opie graduated from the University of Utah with an Elementary Education Degree. She went on later to get her Masters from Western Governors University in Technology. She has taught at Foothills since the school opened in 2003 and is a proud Mustang through and through! Mrs. Opie taught 5th grade for 15 years and is now teaching 6th grade. Mrs. Opie believes that all children deserve the best everyday and deserve to be encouraged to reach their highest potential! When Mrs. Opie is not in school she enjoys spending time with her family. She has a husband, a daughter, and a son. Most of her out of school time is spent volunteering in community sports programs, such as Oquirrh Mountain Girls Softball, or being a team mom for Herriman Youth Football and Herriman Youth Baseball. She also enjoys volunteering at South Mountain Community Church. She loves making her students laugh and making fun of herself is usually how that happens!



# **SPIRIT NIGHT**

**Foothills Elementary** 



### Monday, December 10, 5-7pm Chick-fil-A South Jordan

Join us for dinner at Chick-fil-A South Jordan. 10% of sales from 5 to 7 pm, dine-in, take-out, drive-thru, and mobile order will be donated to Foothills Elementary.



11494 S District Drive, South Jordan, UT, 84095, 801-727-2697

Offer valid only at Chick-fil-A South Jordan on Monday, December 10, 2018, 5-7 PM. Closed Sundays. Ask Restaurant for details. Chick-fil-A®, Chick-fil-A Stylized®, and The Chick-fil-A Cows® are registered trademarks of CFA Properties, Inc.

